



Long Island Vision Experts

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Consent for IPL Treatment

Indications: The Quadra Q4 IPL system is used in the treatment of telangiectasia, hyperpigmentation, sun damage, pigmented lesions, vascular lesions, acne and rosacea, meibomian gland dysfunction.

The Quadra Q4 used in the procedure emits a spectrum extending from 500nm to 1200nm. To customize the light energy delivery for a given procedure, the physician uses the direct delivery hand piece that emits even light distribution over the treatment area with square pulses of designated wavelength. Treatment may result in a mild sunburn feeling that typically disappears in 2-3 hours.

Side Effects and Complications include but are not limited to:

1. Bruising
2. Swelling
3. Purpura (blood below the skin)
4. Blistering

Contraindications: Caution is advised for patients with a history of herpes simplex near the treatment area. Treatment may cause an outbreak of this condition. The risk of this complication can be reduced if you take prescribed antiviral medication for a few days before and after each treatment. If you have an active herpes outbreak, your appointment should be rescheduled.

Contraindications also include: sun exposure 2-4 weeks prior to treatment, compromised immune system, coagulation disorders, photosensitivity or allergy, use of aspirin/anticoagulants, pregnancy, moles, and tattoos.

Treatment areas should not be exposed to the sun. Apply a broad spectrum (UVA/UVB) sunscreen of SPF 15-30 for 2-4 weeks before and after treatment. For optimal results refrain completely from sun tanning, use of tanning beds or self tanning products during the therapeutic period.

I understand the above, and have had the risks, benefits and alternatives explained to me. No guarantees about results have been made. I, hereby, authorize Dr. Hatis/Dr Nissirios to perform Intense Pulse Light therapies as they deem necessary.

Patient Signature

Date

Witness

Date

Pre-Treatment Instructions for IPL

1. Treatment areas should not be exposed to the sun. Apply a broad spectrum (UVA/UVB) sunscreen of SPF 15-30 for 2-4 weeks before and after treatment. For optimal results, refrain completely from sun tanning, use of tanning-beds, or self-tanning products during the treatment period.
2. Caution is advised for persons with a history of herpes simplex near the treatment area. Treatment may cause an outbreak of this condition. The risk of this complication can be reduced if you take prescribed antiviral medication for a few days before and after each treatment. If you have an active herpes outbreak your appointment should be rescheduled.
3. Use of skin irritants (i.e. hydroquinone, benzyl peroxide, glycolic acid, retinoic acid, alpha-hydroxy products, and astringents) should be avoided for at least 48 hours before and after treatment.
4. Prior to treatment, the area must be cleansed of make-up, perfumes, powders, or moisturizers. Please note you may be more sensitive or uncomfortable if you are premenstrual, tired, or taking antibiotics.
5. In most cases, treatment will result in a mild sunburn-like sensation that typically disappears without treatment in 2-3 hours. Some mild redness may persist following treatment. Rarely, blistering may occur. Discomfort may be alleviated with Tylenol. An over-the-counter hydrocortisone cream may help minimize redness. If desired, apply a healing or soothing gel or ointment for 2 days.
6. Following treatment, the site should be washed gently with a mild non-drying soap and water. Make-up may be applied and removed delicately. Do not scratch or rub the area.
7. If the treated area turns brown or crusts, do not rub, pick, or use any kind of exfoliation for 7-10 days or until it heals. Crusted areas may be treated with an over-the-counter antibiotic ointment.
8. Caution is advised for receiving IPL treatment if you have used oral isotretinoin (Accutane) or corticosteroids within the preceding six months. Persons with a history of keloid scar formation may be more prone to scarring after any skin trauma, including IPL treatment.
9. Results will be noticeable 4-6 weeks after treatment with gradual improvement in fine lines, irregular pigmentation, skin texture, pore size, and blood vessels. Initial treatment is followed by 3 subsequent treatment sessions at least 4 weeks apart. To maintain results, follow-up treatments are recommended every 3-9 months. You will be directed by your physician on what will suit your individual needs.

Patient Initials